

# The Warrior Weekly

Bethel Regional High School

Volume 5, Issue 13

Friday December 3, 2021

Bethel, Alaska



## Mr. Fernelius' art classes are working on very interesting things!

By Malinda Simon



Larissa Berlin: Identity Block Printing

Mr. Fernelius is an art teacher here at BRHS. He majored in fine arts and went to school in Eastern Michigan University. One fun fact about him is he used to play in a heavy metal band and his band was called IDECAY. His band toured the US.

The art class just finished making linoleum block prints that are shown in the photos. The linoleum prints are about students' personalities and how they represented their personal identity.

The first step in the process is to carve their design into the linoleum block. After they finished carving their design, they rolled ink onto the block and stamped it on a piece of paper making a series of prints.

Mr. Fernelius likes art because of the sense of accomplishment that he feels when he creates an original piece of art. Mr. Fernelius said, "I wanted to teach art because it's a creative environment where students can try new art forms and express themselves visually." He also finds the art making process challenging, but he likes the reward of creating a finished piece of art.

**Q: What do you like about art?**

Mr. Fernelius: I like all the different art we get to do. painting, drawing, collages, and ceramics.

**Q: What's fun about art?**

Mr. Fernelius: I like the creativity that students can show and that you can get so many art works from the same project.



Aliyah Chase:  
Styrofoam  
Radial Prints



Rueban Glore:  
Identity Block  
Printing

This is one of the collages Mr. Fernelius made



# Winter

By: Hilary Oscar



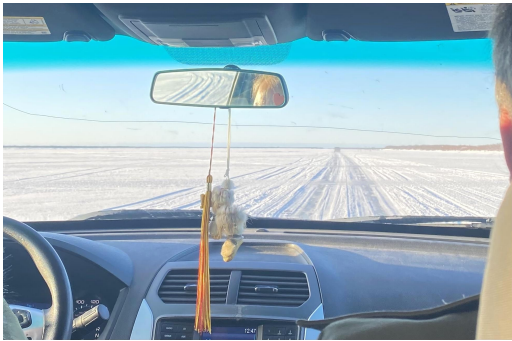
A beautiful sunset in Bethel, AK. Below is the Kuskokwim River covered with snow. Photos by Hilary Oscar.

Winter is that time of the year when it is mostly in the negatives, and there are very pretty sunsets almost every night. The sun usually comes up around 10-11am, and goes down between 5-6pm.

In the winter, people in the Kuskokwim Region like to fish for lush fish, pike, and sometimes white fish. People also hunt for moose, musk ox, ptarmigan

Some fun things to do in the winter are snowmachine riding, building snowmen, snowball fights, traveling on the river to villages, hunting, ice fishing and sledding/ playing out.

A lot of people have different opinions of winter for many reasons. For example, I like winter because you can travel on the river by truck to the villages. And another reason is you can go snow machine riding, which is also really fun. Most people who dislike winter say it's too cold, or they just don't like shoveling snow and warming up their car early.



You have to take caution when driving on the roads because it's really slippery. Dress extra warm when going out because you might get frostbite, and last have fun, because it's fun to play out when it's not so cold.

Ms. Chmielarczyk said, "My favorite thing about winter is watching the night sky. We recently had a lunar eclipse and also a visit by the Aurora Borealis. I use a cool stargazer App that helps me locate planets, interesting star constellations and satellites."

# How the cold has affected students and staff

By: Ambrea Jackson

The cold weather has affected Bethel residents and BRHS students and staff. November 9-28 was very cold. The temperature ranged from -5 to -27 in Bethel AK.

**Kyana Harpak:** "I try not to get frostbite when going out or riding."

**Mr. Kuhne:** "My pipes are frozen."

**Hilary Oscar:** "I need to warm up my mom's truck earlier so it'll be warm, and dressing extra extra warm when going snowmachine riding."

**Ms. Guinn:** "I have to make sure I plug in my truck at night and let it warm up for at least 10-15 minutes before going anywhere. I wear my snowsuit everywhere now."

**Mrs. Hamilton:** "It's murder on my poor old car."

**Thomas Tyson:** "I can't go biking and play ball at the park when it's this cold."

**Ms. Tuckruskye:** "I like the cold as long as I'm indoors sipping hot chocolate! I love how the air sparkles. Outside the cold hurts and it's hard to breathe."

**Amanda Isaac:** "I have to dress up really warm and have to carry around my stuff during school."

**Mr. Fernelius:** "I have to be aware of how long I will be outside and make sure that I dress appropriately."

**Ms. Mutch:** "I lost a couple of plants in my classroom because I didn't move them away from the window quickly enough and they froze."

**Malinda Simon:** "It gives me goosebumps and makes me feel cold."

**Ms. Sweet:** "I'm more worried about my pipes freezing and my car not starting."

**Mr. Greason:** "The cold makes my skin dry and makes all outdoor work a lot slower and uncomfortable."

**Leah Valadez:** "I have to bring my jacket with me to every class, and the cold makes me not want to get up for school."

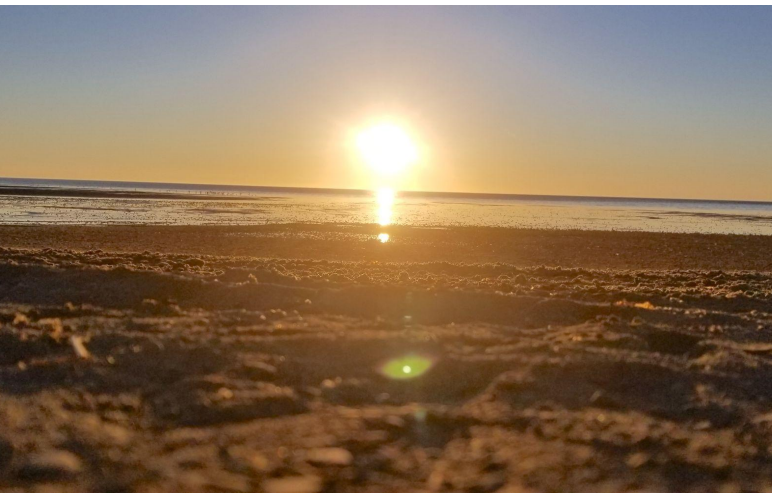
**Mrs. Lamb:** "We have been able to travel earlier than we have in previous years."

**Mr. Jung:** "I haven't done hardly anything outside for the past week, I have to plug in my car and let it run longer."

**Mrs. Miner:** "I don't go walking outside, and I eat a lot of pie."

**Mr. LaValle:** "My fuel bill has increased, and I'm bringing in a lot of wood."





Sunset at Tununak from last summer. Photo by Tisha Charlie.

It is pretty when you travel around the coastal area. You can travel by boat, four wheeler, or plane. You might want to take photos of clouds, tundra, and animals. When you land in these villages you'll see some hills and bumpy flat land. You would love the coastal area if you haven't been there. Some villages are small, but are fun to explore. They're are few people living in the villages.

Sunsets are beautiful when you walk down to the beach. The sun would be there, in the middle of the light blue, light pink, and a little bit of light purple in the background.

In the villages we do all kinds of things. Most people like to go riding, hunt, and boat up or down river to pick some berries. We pick as many berries as we can for the winter. Men hunt before we even run out of food in our freezers.

Did you know that we eat mouse food? We dig the mouse food under the ground where the mosses are. The moss has to be soft. Don't dig if the moss is hard. Don't ever get them close by the town or by the dumpster area, pick further away from town.



Snowmachining at Birch Hill near Kwethluk last week. Photo by Ambrea Jackson.

## MRS. MINER'S CHALLENGE:

Find a teacher you don't have this quarter and ask him or her a fun fact about themselves. Write it down and place it in the yellow box outside Mrs. Miner's office. Winners will be chosen on Wednesday.

# High School students get decorative with math rules and concepts

by Ms. Hoskins



Ms. Hoskins’ math students write the rules of derivatives on the “feathers” of the turkeys. The shapes and hands on work help students remember these complicated formulas. Photos by Ms. Hoskins.

Last Wednesday high school math students made hand-turkey memory devices. They got a chance to be creative and festive while reviewing some helpful math rules. calculus students wrote common derivative rules on their "feathers" while precalculus students wrote strategies for finding asymptotes of rational functions. A few students decided to make extra turkeys for decoration or to write about things that made them feel thankful.



# Update on Mr. Holkesvik’s health class

by Melissa Engebret

BRHS students in Mr. Holkesvik health class have been learning about mental health and how it affects you on a daily basis.

Health can affect people in many ways. For instance if you’re going through a lot of stress, it could affect the way you communicate with others. “Stress is the response of your body and mind to being challenged or threatened.”

There are many types of stress: eustress is positive stress, distress is negative stress, a threat is the fear of being harmed physically or emotionally, frustration is the inability to get needs met, pressure is having to measure up to expectations, and conflict is when two or more needs oppose each other.

(<https://www.verywellmind.com/stress-and-health>)

We also have been learning about mental disorders. According to the information Mr. Holkesvik gave to us in class, “A mental disorder is an illness that affects the mind and reduces a person’s ability to function, or just to change or to get along with others. There’s also anxiety, a fear caused by a source you can’t identify or a source that doesn’t pose as much of a threat as you think. phobia, and panic attacks.”

(<https://www.mind.org.uk/information-support/types-of-mental-health-problems/>)

Mr. Holkesvik said, “Health is important because it affects everything in life. When you’re healthy and are able to maintain your health, it opens a lot of doors and opportunities while also making life enjoyable. I like teaching health because it provides a knowledge basis that allows my students to navigate life in an affective, positive way and because the content is useful and meaningful. It also helps that I have great students that are willing to learn.”





# Students construct models of the atmosphere

by Reynold Hunter & Warrior Weekly Staff



Earth Science students carefully construct their atmosphere models. Below are close ups of student models. Photos by Mr. Hunter.

My earth science class worked on models of the layers of the atmosphere. It shows the five major layers starting from the troposphere up to exosphere. They found out the differences among the layers and what objects can be found in each layer.



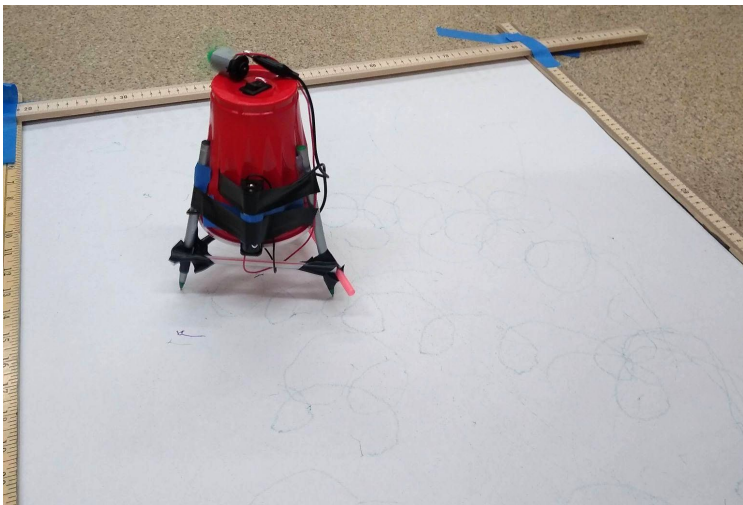
**Fun and Useful Fact:** The atmosphere layer names, like many other scientific terms, come from Greek and Latin word parts (*roots, prefixes, and suffixes*):

- SPHERE** = a round form or ball
- ATMOS** = vapor or air
- TROPO** = to curve, bend or turn
- STRATO** = a low layer; to stretch or spread out
- MESO** = middle or moderate
- THERM** = heat or warmth
- EXO** = out of, away from, outside
- ION** = to go--related to ions moving around.



# Physical science students and wobble bots

by George Feind

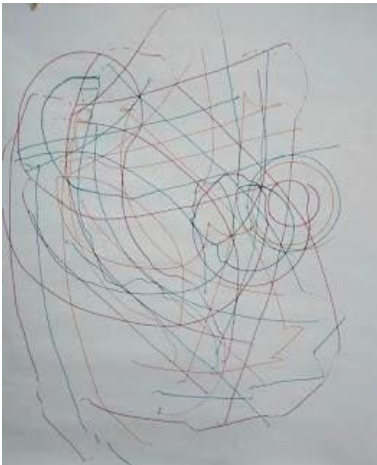


The above bot creates a design on paper. See some bot drawings below. Photos by Mr. Feind.

For the past few days my physical science students have been working on Wobble Bots. They use a simple circuit with a motor to wiggle and bounce around. On Wednesday we finished up a race with the robots and an art competition. BRHS staff were involved as well, being asked to judge the bot drawings. The bot creations with the most votes will win!



While this bot has all of the technical circuits and motor, it also has some personalized decoration.





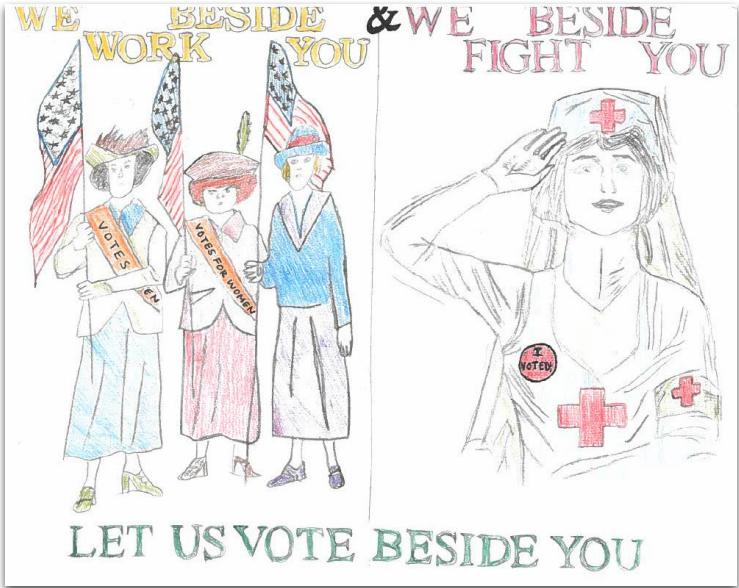
**U.S. history students create political cartoons**  
by Warrior Weekly Staff

In Mr. Reames’ US history class, students have been studying WWI. They created political cartoons and wrote essays to showcase various events and attitudes during the war.

Zack Wassilie illustrated the use of lethal chlorine gas as a weapon by European countries such as Germany and Belgium during the first world war. He said, “All’s fair in love and war is used to describe a situation in which people do not follow the usual rules of behavior and they do things that are normally considered unfair.” (See Zack’s political cartoon below.)

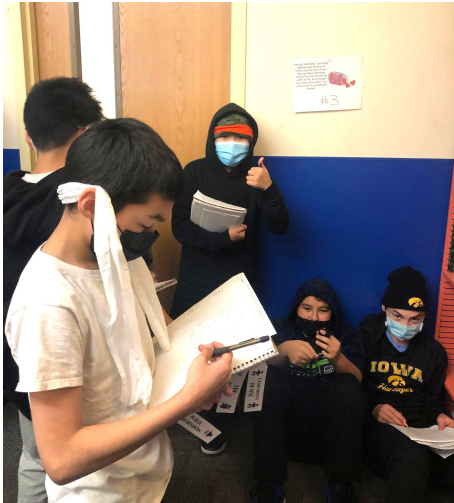
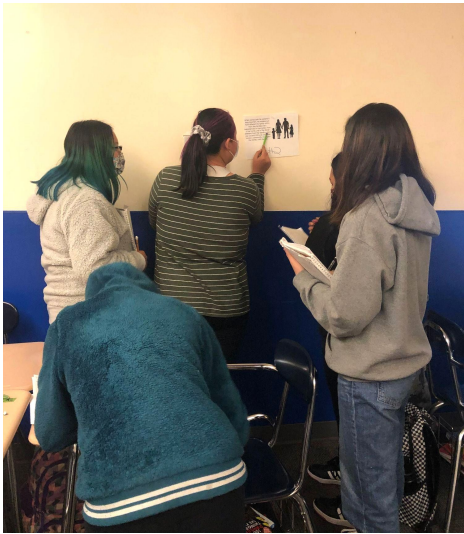
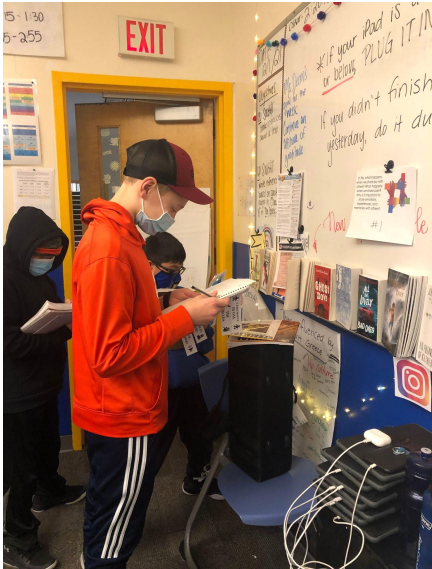


Kenlynn Watson drew women in various uniforms holding the American flag to show that women represented the United States during WWI and before that, yet couldn’t vote until 1920. She said, “Today it’s obvious that men and women are equal, but back then, if women were working and serving like men while raising a family, it should have been obvious for them to vote too. I chose two images of women to highlight their contributions and how they were treated by the US government.” (See Kenlynn’s political cartoon below.)



**JH language arts**  
by Katherine Deem

Here are some of my 7th/8th hour students doing walking journals in class. I post some journal prompts around the room and let the students walk around writing their answers. It helps get their energy out & gets them writing at the same time!





Here are your new 2021-2022  
BRHS student council members!



**PR Representative:**  
Tucker Hoffman

**Advisor:** Ms. Haley Hanson



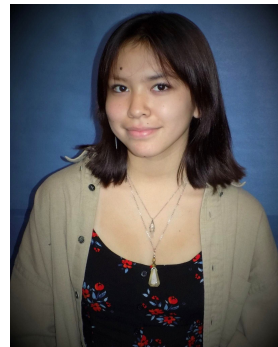
**Secretary:** Katherine Small



**ASB Representative:** Zahcory  
Jacobs-McDonald



**Treasurer:** Cadence Cedars



**Social Chair:** Leah Valadez, Amber Chase, and  
Ellis Johnson



I plan to focus on having fun  
at assemblies because it's  
been a long year. I think we  
need something like that to  
remind us that we've got this  
and that we can still have  
fun!



The thing I most want to  
focus on this is being a  
school and having school  
spirit and letting everyone  
participate in everything  
we do, and that student  
council chooses to do.



**Vice President:**  
Mason Fitka

As vice president, I have some  
fundraising ideas that I hope to  
accomplish, but I'm not sure what we  
will fundraise for.



**President:** Caleb Kim



**James Reames**

Mr. Reames is a high school teacher who teaches social studies during the school day. He has been teaching for over fifteen years. He has taught in Georgia, England, The Netherlands, and now in Bush Alaska. What he enjoys about teaching is being able to empower students and getting to learn new things. What he likes about being able to teach here at BRHS are the students.

Mr. Reames’ students enjoy him teaching here because he is a straightforward person with what is taught and work to be done and, as well as him pushing them to complete work. After everything is finished it’s fun activities. They also enjoy how he is interactive with the students here.

Mr. Reames is a fun person who is straightforward and is easygoing. During his free time he enjoys traveling, listen to vinyl records, playing table tennis, and the opportunities to use stickers.



by Capriana Aloralrea

**Carlo Mandras**

Mr. Mandras is a highschool teacher who teaches biology throughout the school day. He has been teaching for about ten years now in different schools : worked for nine years in the Philippines and his tenth year here at BRHS. What he enjoys about teaching his students is being able to interact with them, and being able to learn new things from them. He enjoys being able to help students understand the contents of biology.



He likes the friendly environment BRHS provides and how his colleagues are helpful to him with difficult tasks. He also likes how there are many opportunities for growth in the LKSD organization.

Mr. Mandras’ students think is that he is a kind and nice person who is generous. They like the many fun projects that include artistic techniques, and work experiences he gives.

Mr. Mandras is a very social person who likes interacting with new people aside from the people here in the school. What he enjoys doing in his free time is spending time with his friends and family members, as well as watching series or movies.

